Isha yoga temple in coimbatore

The Isha Yoga Temple in Coimbatore is a peaceful and spiritual place located near Coimbatore in Tamil Nadu. Surrounded by the beautiful Velliangiri Hills, this temple was founded by Sadhguru Jaggi Vasudev. It is not just a temple, but also a center for yoga, meditation, and inner well-being. People from all over the world visit the temple to find peace and connect with their inner self.

The main attraction of the **Isha Yoga Temple** is the giant statue of Adiyogi, which stands 112 feet tall. It represents Lord Shiva as the first yogi. The temple also hosts several yoga programs and spiritual events throughout the year. Whether you're looking to relax, meditate, or explore yoga, this is the perfect place to visit.